

Tri-State Peer Support Team Informational Sheet & Available Resources

These resources are <u>completely voluntary</u> and range in a wide range of options. They are available <u>to any responder</u>, <u>support personnel or family member</u>. These resources include some of the following:

1 to 1 Peer Support, Small Group Peer Support, Individual or Group Defusing, Employee Assistance Program, Individual Counseling, Group Counseling, Outpatient Programs, Inpatient Treatment

Again 100% of our resources are completely voluntary and can be done in person, over the phone or other options. Together we have over 270 trained first responder peers/CISM in the area including over 100 law enforcement and 100 fire & ems peers and a dozen 911 dispatchers. Many have been through personal and agency traumatic events. In addition we have dozens of clinicians and programs that have been vetted to ensure they understand the first-responder culture.

How do I or a family member access these resources? Most of our resources are available publically on our webpage, however <u>we strongly suggest</u> that you reach out to one of our members so that we can give you a better understanding of the resources available and which maybe more beneficial for you, we can also suggest a few peers for you to contact, however the choice is yours!

Amy Foley	(513) 607-9290	hopecenteramelia@gmail.com	TSPST & Clermont County Peer Coordinator
Ed Von Lehmden	(513) 617-0092	evonlehmden@gmail.com	TSPST & Hamilton County Peer Coordinator
Tiphanie Gálvez	(513) 352-4561	1 <u>Tiphanie.Galvez@cincinnati-oh.gov</u> Cincinnati Police Peer Coordinator	
Melissa Abell	(513) 346-5760	mabell@springdale.org	City of Springdale Police
Russ Kenney	(513) 374-8163	rkdre9262@gmail.com	Milford Police Department
Holly Lampton	(513) 680-8801	holly.Lampton@hamilton-co.org	g Hamilton County 911 Center
Scott Noel	(513) 745-8555	snoel@blueash.com	City of Blue Ash Police
Justin Peter	(513) 313-3702	Justin.Peter@cincinnati-oh.gov	Cincinnati Fire Peer Coordinator
Tom Wells	(513) 346-5760	twells@springdale.org	City of Springdale Police

24/7 Hamilton County Communication Center @ (513) 825-2260 or (513) 825-2280

Cincinnati Police Peer Team (513) 498-1052

Website Resources

(Provider Master XL Peers, Clinicians, Programs)





EAP

Facility Name	Phone Number	Website	Contact	
			Diane Pipes EAP	
Tri-Health	(513) 891-1627	trihealtheap.com	Manager	Diane_Pipes@trihealth.com
PEAP	(513) 421-7600		Cynthia Bowling	Cynthia.Bowling@cincinnati-oh.gov
		HealthAdvocate.com/		
Health Advocate	(877) 240-6863	<u>members</u>		answers@HealthAdvocate.com
Beacon	(877) 233-0976			

Clinicians

First Name	Last Name	License	Company	Phone Number
Chris	Ross	APRN, EMT-P	Civil Therapeutix	(513) 204-9084
Alison	Fienning	LISW-S	PinPoint Behavioral Health Solutions	(513) 520-2532
Cinnamon	Reiheld	LISW-S, LICDC, CCTP	Whole House Counseling & Consultation	(513) 813-6415
Cynthia	Bowling	LISW	Cynthia Bowling	(513) 533-3500
Jennifer	Simpson	LISW-S	Thrive Therapy, Inc.	(513) 780-5313
Nancy	Moore	LISW-S, LCSW, CPCC	Moore Development Strategies	(513) 502-3323
Gary	Lee	LPC, CSAT	Counseling Alliance Groups	(513) 376-9757
Sabrina	Mignerey	LPCC	Hold The Line Services	(513) 278-3074
Mark	Pruden	LPCC	Mark Pruden & Associates	(513) 861-6543
Carla	Urbanas	LPCC-S	Professional Counseling Services of Ohio	(937) 742-7516
Diana	Uthenwoldt	LISW	Whole House Counseling & Consultation	(513) 322-5191
Roger	Gerwe	LISW	Roger Gerwe	(513) 624-6550

Out-Patient

Facility Name	Phone Number	Website	Contact
UC Stress			
Center	(513) 558-5872	www.uchealth.com/stress-center/	Dr. Kate Chard
Beckett Springs			
Hospital	(513) 498-1150	www.beckettsprings.com	Carrie Bode /Barbara Thompson

In-Patient

Facility Name	Phone Number	Website	Contact
Beckett Springs			
Hospital	(513) 942-9500	www.beckettsprings.com	Carrie Bode /Barbara Thompson
Good Sam		www.trihealth.com/institutes-and-	
Hospital	(513) 862-2850	services/behavioral-health-services	
Rosecrance		https://rosecrance.org/addiction-	
Florian	(866) 330-8729	treatment/florian-program/	Daniel DeGryse
IAFF Recovery			
Center	(855) 324-8207	www.iaffrecoverycenter.com/	